

INFRARED SAUNA

FULL SPECTRUM + RED LIGHT

mPULSE



CW WELLNESS

7 WELLNESS PROGRAMS

30 min

CARDIO

High intensity to increase heart rate and cardiac output. Circulation increases to promote healthy blood pressure.

30 min

RELAXATION

Far, mid, and near infrared combination induces deep relaxation as it relieves muscle tension at a low, comfortable intensity, promoting overall stress reduction.

30 min

DETOXIFICATION

High intensity to increase the body's core temperature. Mid and far infrared combination improves vascular access flow to reach toxins at the cellular level.

30 min

PAIN RELIEF

A far and mid-infrared blend provides natural pain relief by reducing inflammation and swelling while near-infrared penetrates the tissue promoting cellular repair.

30 min

WEIGHT LOSS

High intensity to stimulate the cardiovascular system. As the body works to cool itself, there is an increase in heart rate, cardiac output, and metabolic rate, similar to aerobic exercise.

30 min

ANTI-AGING

A low, constant intensity level penetrates tissue to help with various skin concerns. Near infrared improves overall skin tone, elasticity, and firmness, promoting anti-aging benefits.

30-60 min

SUPERHUMAN

High intensity throughout the entire session. Enjoy ALL of the benefits of red, near, mid and far infrared at maximum intensity, unleashing optimum results.